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| **Lesson Plan** | **Class:**  **Senior High PE** | **Date:** 9/14 |
| **Topic:** Football |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:Understand the rules of ultimate footballFollow directions Respect each other | PA Standard:10.5.12. E10.5.12. C | Glencoe Health TextbookSlidesNotes |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** Peer Teaching
* Self Assessment
* Growth Mindset
 |
| Warmup2 mins laps30 seconds pushups30 seconds sit-ups |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| \* Ultimate football with 1 ballIt will progress into 2 ball |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| \*Class Discussion/ general observation of class |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| Student performance and rule following observation |  | \*Increased one on one time, increased observation |  |

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